



**FITNESS
ACCESSORIES**



EVERLAST[®]
F.I.T.

HAND WEIGHTS



CARDIO WEIGHTS

This hand shaped design, allows you to grip the weight slightly without having to over squeeze. Great for any kind of workout that use light weighted weights, walking, jogging and aerobics. Increase the effectiveness of your workout with this pair of everlast. Cardio weights.

SET OF 5LB WEIGHTS

SKU: EVWD1W250 **Color:** Black **10LB PAIR**

SET OF 3 LB WEIGHTS

SKU: EVWD1W130 **Color:** Purple **6LB PAIR**

WALKING WEIGHTS

Comfortable and ergonomic 2lb / 4lb weights Fit comfortably in your palm. Durable enough to use for your everyday Workouts. Improve cardio endurance, develop your Muscles and tone your entire body. Durable enough for your everyday workouts. Neoprene material is great for indoor and outdoor use. Soft grip makes them comfortable to hold for light Cardio exercises. Compact and convenient to take when you travel.

SET OF TWO 2 LB WEIGHTS

SKU: EVWW1S20 **Color:** Black / Pink **2LB PAIR**

SET OF TWO 4 LB WEIGHTS

SKU: EVWW1S40 **Color:** Blue / Lime **4LB PAIR**



2LB PAIR
(2 X 1LB WEIGHTS)



4LB PAIR
(2 X 2LB WEIGHTS)



WEIGHTED FITNESS BAR

VERSATILE WORKOUT BAR

Our exclusive fitness equipment bar is designed to add strength, balance, and flexibility to your workouts, improving effectiveness during circuit and interval classes, kickboxing and martial.

WORKS GREAT FOR

Gaining Range Of Motion
Physical Rehabilitation
Increasing Mobility
Toning Muscles
Burning Fat

SOLID STEEL CORE

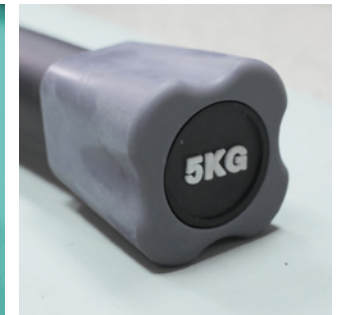
Single piece construction

HIGH DENSITY PADDED FOAM SURFACE

Durable increased comfort and decreased slipping.



ANTI ROLL PLASTIC EN CAP



STURDY, RESILIENT CONSTRUCTION

Our durable exercise bar is designed with a one-piece, heavy-duty steel core, to prevent any breaking or bending, and rubber pads with a high-density interior for long-lasting use, taking pressure off hands.

Shape up and gain muscle definition.
Perfect for many styles of fitness classes as well as any aerobics studio class.
Add weight to standard bodyweight Exercises such as lunges and squats.



3 SKU: EVFB1W300
KG COLOR: Black / Yellow

5 SKU: EVFB1W500
KG COLOR: Black / Grey

ANKLE / WRIST WEIGHTS



*each weight 1 lbs (2 lbs total)



*each weight 2.5 lbs (5 lbs total)

PREMIUM ANKLE/WRIST WEIGHTS

Fully adjustable.

Burn more calories during activity with F.I.T. 5 & 2 lbs Comfort Weights.

An adjustable, contoured design provides a custom F.I.T. for your ankles and/or wrists.

A soft terry cloth interior absorbs moisture and is completely non-abrasive.

Includes two weights:

each weight is 2.5 lbs (5 lbs weights) or 1 pound (2 lbs weights).

SKU: P00000741 Color: Purple **2LB PAIR**

SKU: P00000742 Color: Blue **5LB PAIR**



ANKLE WEIGHTS

Fully adjustable.

Burn more calories.

Comfort weights for your ankles.

Adjustable, contoured design provides a custom fit.

SKU: EVWW0W016 Color: Black / Red 8lbs **16LB PAIR**

SKU: EVWW0W020 Color: Black / Grey 10lbs **20LB PAIR**



1 LB

2.5 LB

5 LB

ANKLE/WRIST WEIGHTS

Precision Weighted And Balanced.

Durable Construction.

Comfortable Neoprene Coating

Perfect For Aerobics And Toning.

SKU: EVWW610 Color: Purple 2lbs / 1lb each **2LB PAIR**

SKU: EVWW625 Color: Blue 5lbs / 2.5lb each **5LB PAIR**

SKU: EVWW650 Color: Black 10lbs / 5lb each **10LB PAIR**



SAUNA SUIT

MAXIMIZE CALORIE BURN AND DETOXYFY BODY WITH INCREASED PERSPIRATION

Excellent for aerobic conditioning.
keeps muscles warm and helps to shed excess water.
full cut for comfortable fit during activity.
two piece outfit with elastic waist, cuffs, and ankles.
made with heavy duty pvc fabric.

SKU: EVSS1S27 COLOR: Black

L XL XXL



HOODED SAUNA SUIT

SHED WATER WEIGHT, TRAP HEAT, WARM UP MUSCLES

Designed To Trap Body Heat And Keep Muscles Loose
Allowing You To Shed Excess Water Weight And Calories
More Efficiently Prior To Or During A Workout

SKU: EVSH5S57 COLOR: Grey

L / XL XL / XXL



EVERLAST

WEIGHT VESTS



20LB



10LB



WEIGHTED TRAINING VESTS

MADE WITH SOFT NEOPRENE MATERIAL FOR ULTIMATE COMFORT & DURABILITY. IDEAL FOR STRENGTH AND WEIGHT TRAINING, WEIGHT LOSS AND IMPROVING BONE DENSITY. ONE SIZE FITS MOST BODY TYPES.

SKU: EVVW0620 20Lbs COLOR: Black

SKU: EVVW0610 10Lbs COLOR: Grey



8lb WALKING FITNESS VEST

FOR MORE INTENSE WORKOUTS

Use For Walking And Sport Training

For More Intese Workouts

Improve Cardio And Strength, Speed And Agility

Comfortable Form-fitting Design

Reflective Stripes

FEATURING
EVERCOOL™
TECHNOLOGY

SKU: EVFV1S08 8Lbs COLOR: Yellow



ADJUSTABLE WEIGHT VEST

REFLECTIVE TAPE

A wide reflective tape on the back of the weight vest makes night exercising much safer.

ERGONOMIC DESIGN

Balanced weight is distributed throughout your body, including adjustable straps to prevent slipping during exercise.

EQUAL WEIGHT DISTRIBUTION

Balanced weight distribution and with pockets on the front and back of the vest, this weight vest can provide you with maximum comfort during all exercises without straining your back or shoulders.

20KG

ENGINEERED FOR:

STRENGTH & SPORT SPECIFIC TRAINING
TOTAL BODY & CARDIO CONDITIONING

SKU: EVAV0W020 Color: Camo



EVERLAST

TOP PERFORMANCE STABILITY BALL



65
cm



INCLUDES
DOUBLE ACTION INFLATING PUMP.

PRODUCT FEATURES

EXTRA THICK & ANTI-BURST

This high density balance ball carry the stress of heavy loads up to 1100lbs (500 KG). The stability ball will never burst if punctured and instead excess loads above this weight will cause the ball to deflate slowly to ensure your safety.

DURABLE & ANTI-SLIP

The yoga ball made from professional quality PVC materials that are nontoxic, free of BPA, latex, heavy metal and phthalate. The PVC body has a matte surface with horizontal ribs. Even with sweat, the fitness ball will not slip when playing, bouncing or squeezing.

VERSATILE USE

Ideal for gyms and studio use, home exercise, yoga, Pilates, pregnancy exercises, abdominal training and core strength improving.



RATED UP TO
1100 LBS



360°
ANTI-SLIP DESIGN

HEAVY DUTY
UP TO 1100 LB/500 KG

SKU: EVYB1B006 COLOR:Black



GYM BALLS



ANTI-BURST GYM BALL

IDEAL FOR YOGA, PILATES, STRENGTH TRAINING, CORE TRAINING, STRETCHING, TONING AND RESISTANCE EXERCISES. USE TO STRENGTHEN AND TONE YOUR HIPS, BACK, LEGS, AND HOULDERS WITHOUT ADDITIONAL STRESS ON THE SPINE OR HIPS.

Product Features

Helps Improve Balance, Coordination And Flexibility.

Ideal For Core Strength Training, Stretching, Toning, Resistance Exercises.

Safe, Durable And Easy To Use.

Includes Hand Pump.

SKU: EVYB7B255 55cm **COLOR:** Grey

SKU: EVYB6B065 65cm **COLOR:** Purple

SKU: EVYB6B175 75cm **COLOR:** Blue



MINI GYM BALL

CONVENIENT - These exercise balls for working out are quick to inflate/deflate for easy use.

ANTI-SLIP - The surface of each fitness ball is coated in a non-slip glaze to ensure you have a proper and safe grip when working out.

RECOMMENDED BY TRAINERS AND PHYSICAL THERAPISTS - A mini ball is a perfect tool to increase balance, core fitness, tone the inner thighs, and increase flexibility.

STRENGTHEN YOUR CORE Strengthens key muscles in the abdomen, which improves endurance, posture and balance.

SKU: EVPB2W130 **COLOR:** Grey

25
cm
DIAMETER



STRENGTH,
FLEXIBILITY,
FOR AEROBICS,
YOGA OR PILATES



FITNESS BALL

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

Ideal For Core Workouts

Ideal For All Fitness Levels

Easy Grip Soft Vinyl Exterior

Develop Strength And Flexibility

Shape And Tone

SKU: EVFB1S05 **COLOR:** Pink (5lb)

SKU: EVFB1S08 **COLOR:** Grey (8lb)



BALANCE TRAINER BALL

STRENGTHEN YOUR ENTIRE BODY ACTIVATE YOUR CORE MUSCLES & TONE YOUR MIDSECTION
IMPROVE BALANCE & FLEXIBILITY

Can be used either with the platform side up or the platform side down working your balance in different body positions.

Our balance trainer is designed to help you strengthen and coordinate your body by targeting the core muscles (the muscles around your abdominal and back area), supports squats, bicep curls, shoulder raises, crunches and more.

SKU: EVBB2B103 COLOR: Black



60
cm
DIAMETER



INCLUDES
2
RESISTANCE
BANDS



BALANCE DISC

IMPROVES BALANCE, COORDINATION, AND OVERALL BODY SHAPE STRENGTHENS CORE MUSCLES,
ANKLES, KNEES, AND HIPS

Ideal for developing balance and stabilization.

Can be inflated or deflated to change the level of difficulty.

Great for strengthening exercises, the disc requires you to engage multiple core muscles at once to maintain balance.

Dual-textured surface ensures a non-slip grip, with raised massaging bumps on one side and smoother bumps on the other.

SKU: EVBC6B005 COLOR: Grey

33
cm
DIAMETER



FITNESS BALL

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

Ideal For Core Workouts

Ideal For All Fitness Levels

Easy Grip Soft Vinyl Exterior

Develop Strength And Flexibility

Shape And Tone

SKU: EVFB1S05 COLOR: Pink (5lb)

SKU: EVFB1S08 COLOR: Grey (8lb)



AB WHEELS



CORE WHEEL

Enhance traditional plank and push-up exercises.
Wheels on each side move together for safety And ground control.
Develop pillar strength (shoulders, torso and hips) through a variety of exercises.
Lightweight and portable with ergonomic foam handles For comfort.

INCLUDES
2
CORE WHEELS

SKU: EVCW6S367 **COLOR:** Red



AB WHEEL

GREAT TOOL TO TONE AND DEFINE AB AND BACK MUSCLES

The everlast ab wheel works both the upper and lower abdominal muscles, as well as the oblique and supporting muscles. You will also strengthen your back, glute and arm muscles.

FEATURING
POWERCORE™
TECHNOLOGY

SKU: EVSW4I47 **COLOR:** Green / Black



AB WHEEL

CORE WHEELS FOR DYNAMIC CORE EXERCISES

Enhance traditional plank and push-up exercises.
Develop pillar strength (shoulders, torso and hips) through a variety of exercises.

5 spoke inner wheel design for even weight distribution.
Ergonomic sure-grip rubberized handles.
Dual textured treads offer great traction & control.

FEATURING
POWERCORE™
TECHNOLOGY

SKU: EVWH9W400 **COLOR:** Red / Black



FULL SET EXPANDER SET

5 COLOR-CODED RESISTANCE BANDS INCLUDED
 PINK (5 LBS), PURPLE (10 LBS), ORANGE (15 LBS), GREEN (20 LBS), LT. BLUE (25 LBS).
 Each resistance band is color-coded for instant recognizability.
 It can be used alone or stacked in any combination to a maximum equivalent of 75 lbs.
 Easily creating over 30 different resistance levels by attaching 1.2.3.4. Or all 5 bands to the handle.

PINK 5 LB / 2.3KG	PURPLE 10 LB / 4.5KG	ORANGE 15 LB / 6.8KG	GREEN 20 LB / 9.1KG	LT. BLUE 25 LB / 11.3KG
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This complete resistance kit allows for a full body work-out without Heavy and expensive equipment.
 Add or subtract bands to create the ideal weight for every exercise.
 This stackable set of resistance bands can produce up to 105 lb / 48kg.
 Features a metal clipping system on bands for attachment to soft-grip handles or ankle straps.

SKU: EVLB9W510

5
RESISTANCE
LEVELS

- INCLUDES:
- 5 X NATURAL LATEX TUBES
 - 2 X FOAM-HANDLES
 - 2 X ANKLE / WRIST STRAPS
 - 1 X DOOR ANCHOR
 - 1 X CARRY BAG



3 TUBE TONING SET

Fitness tubes offer one of the most convenient And versatile workouts available.
 Ideal for toning and strengthening your upper body, they are a perfect complement to any cardio workout such as walking.

SKU: EVTS9W830 COLOR: Blue / Green / Orange



FITNESS TONING EXPANDER

IMPROVE YOUR BALANCE, COORDINATION, FLEXIBILITY, AND ENDURANCE
 HELPS DEVELOP CORE STRENGTH.
 EXERCISE SEVERAL MUSCLE GROUPS AT ONCE.
 CUSHIONED FOAM HANDLES PROVIDE COMFORTABLE AND SLIP-FREE GRIP

TONER RESISTANCE LOOP

SHAPE YOUR LEGS AND IMPROVE OVERALL LOWER-BODY MUSCLE TONE .
 GREAT FOR TONING HIPPS AND STRENGTHENING CALVES AND BUNS.
 CUSHIONED FOAM HANDLES PROVIDE COMFORTABLE AND SLIP-FREE GRIP

FITNESS EXPANDER

STRENGTHENS ARMS, CHEST, SHOULDERS, BACK, LEGS, AND BUNS
 CUSHIONED FOAM HANDLES PROVIDE COMFORTABLE AND SLIP-FREE GRIP
 VERY PORTABLE-USE ANYWHERE/ANYTIME



INTERCHANGEABLE RESISTANCE TUBE

SKU: EVLT9W005	LATEX TUBE	5LB	Neon Pink	●
SKU: EVLT9W010	LATEX TUBE	10LB	Purple	●
SKU: EVLT9W015	LATEX TUBE	15LB	Orange	●
SKU: EVLT9W020	LATEX TUBE	20LB	Lime	●
SKU: EVLT9W025	LATEX TUBE	25LB	Light Blue	●
SKU: EVLT9W035	LATEX TUBE	35LB	Red	●
SKU: EVLT9W045	LATEX TUBE	45LB	Royal Blue	●
SKU: EVLT9W055	LATEX TUBE	55LB	Black	●



FOAM HANDLES FOR INDIVIDUAL TUBES

One size fits all.
Wide design to accommodate all hand sizes.
Soft foam padded and durable grip.

SKU: EVFH9W600 **COLOR:** Black



TRIPLE RESISTANCE TUBE

THREE DIFFERENT RESISTANCE LEVELS, TONES ABS, ARMS CHEST SHOULDERS AND BACK

Incorporates resistance training into workout routines

Anti-sweat, high-density foam handles

Tone muscles, burn calories

3 different resistance levels light, medium and heavy

This resistance bands set is light and compact enough

To travel with you anywhere

Supports some of the latest workout routines

-  LIGHT RESISTANCE
-  MEDIUM RESISTANCE
-  HEAVY RESISTANCE

SKU: EVRT049 **COLOR:** Black / Yellow / Blue



RESISTANCE EXERCISE TUBE

TONES ABS, ARMS, CHEST, SHOULDERS AND BACK

Resistant tube provides a complete workout.

Compact and lightweight design for versatile use, even when traveling.

Door strap for additional exercise options.

SKU: v-BL **COLOR:** Blue

SKU: EVRT711-PK **COLOR:** Pink



LOWER BODY POWER BANDS

ENGINEERED FOR: LATERAL RESISTANCE, LOWER BODY

STRENGTH TRAINING, IMPROVING FOOTWORK

Two padded hook-and-loop ankle straps provide comfort and stability during training.

Removable gray elastic band designed to discipline footwork and athletic stance provides resistance up to 25 lbs

Removable red elastic band, designed to strengthen knee strikes and kicks, provides resistance up to 15 lbs.

SKU: 6350RG **COLOR:** Black





ENGINEERED FOR: LATERAL RESISTANCE,
LOWER BODY STRENGTH TRAINING,
IMPROVING FOOTWORK



F.I.T. STRETCH STRAP

Developed by physical therapists, the F.I.T. Stretch Strap enhances your stretch routine to improve flexibility, recovery, and overall fitness level. Lightweight and portable, with multiple grip positions for both static and dynamic stretches. Ideal for pre- and post-workout stretching.



SKU: P00000809 **COLOR:** Charcoal



F.I.T. SHADOW BOXER

The F.I.T. Shadow Boxer is designed to help develop speed, power, and explosiveness for boxing, MMA, and all fight sports. Designed with foam-covered back support and handles for safety and comfort, and double-resistance tubes to help increase strength in arms and shoulders.



SKU: P00000789 **COLOR:** Black / Blue



F.I.T. RESISTANCE PUSH-UP

Add more intensity to your push-up with the f.i.t. resistance push-up. highly compact and portable, built with high-quality resistance tubes, hand grips, and back pad for comfort and durability.

Equipped with 3 different resistance levels for the ultimate full-body workout.

Padded handles and back support for comfort and safety. two levels of resistance for increased or decreased strength workouts.



SKU: P00000813 **COLOR:** Black

FITNESS ACCESSORIES



- **MINI POWER BAND** offers 5lbs - 35lbs
Resistance length - 102cm width - 12mm
SKU: EVPB4R012 **COLOR:** Red
- **XSMALL POWER BAND** offers 10lbs - 50lbs
Resistance length -102cm width - 22mm
SKU: EVPB4R022 **COLOR:** Purple
- **SMALL POWER BAND** offers 25lbs - 80lbs
Resistance length -102cm width - 32mm
SKU: EVPB4R032 **COLOR:** Orange
- **MEDIUM POWER BAND** offers 50lbs - 120lbs
Resistance length -102cm width - 44mm
SKU: EVPB4R044 **COLOR:** Blue
- **LARGE POWER BAND** offers 60lbs - 150lbs
Resistance length -102cm width - 65mm
SKU: EVPB4R065 **COLOR:** Black

POWERBAND

Thick, extra strong and ideal for heavy use. Designed to work lower leg muscles, provide resistance for walks, shuffles and lunges and help to prevent and rehabilitate sprained ankles. Perfect for power assisted pull-ups/chin-ups, as well as in all fitness activities to provide added resistance to your workout.



STRETCH BANDS



LATEX MINIBANDS 5PACK

5-piece resistance bands give you a variety of resistance levels. **LIGHT, MEDIUM, HEAVY, X-HEAVY AND XX-HEAVY**, loops let you adjust the intensity of your workouts to challenge every major muscle group in your body.

SKU: EVMB1W550

5

MINIBANDS &
LEVELS OF
RESISTANCE



LATEX MINIBANDS 3PACK

3-piece resistance bands give you a variety of resistance levels. Light, medium and heavy loops let you adjust the intensity of your workouts to challenge every major muscle group in your body.

SKU: EVMB7I630 **COLOR:** Black / Grey / Yellow

3

LEVELS OF
RESISTANCE



HIP BAND

The durable and non-slip design hip band is made of durable cotton and latex blend. The fabric is different from latex rubber exercise bands.

These hip resistance bands will never slide or roll up when you use them. Perfect for the gym, home & fitness programs.

Inner grip strips inside the bands keep them in place during every exercise.

INCREASE MOBILITY , MUSCLE STAMINA AND STRENGTH.

SKU: EVHPOW035 **COLOR:** Grey
SKU: EVHPOW038 **COLOR:** Burgundy
SKU: EVHPOW041 **COLOR:** Purple

LIGHT

MEDIUM

HARD

3

LEVELS OF
RESISTANCE



MASSAGE BAR

Provides massage therapy to help sore muscles recover faster.
Ergonomically designed handles for maximum comfort.
Release muscle tension and soreness by increasing blood flow.

45
CM

SKU: EVMB81779 **COLOR:** Black



GRIP ROLLER MASSAGE

Massages and energizes your body while relieving fatigued muscles
Helps release muscle tension in the neck, arms, back and legs
2 roller points provide controlled pressure while massaging difficult-to-reach areas
Plastic handle ensures a concentrated grip

2
ROLLER
POINTS

SKU: EVMS3W242 **COLOR:** Black



MUSCLE MASSAGE

Dual textured rolling massage points for arms, forearms, elbows, legs, calves, neck,
and other sore or aching areas 4-Point Massage roller target sore muscles from all
four points for instant relief, Foam Roller helps relieve tendinitis including carpal
tunnel and tennis elbow.

4
ROLLER
POINTS

SKU: EVMS3W903 **COLOR:** Black



33cm MASSAGE ROLLER

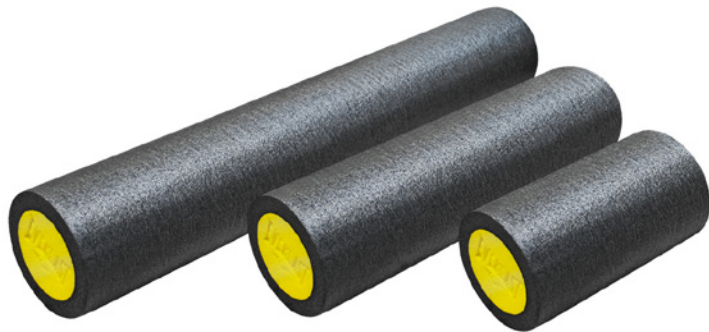
Excellent for soothing muscle pains, balance exercises, and strength conditioning. Use your own body weight to help increase blood flow and circulation to the soft tissues. Improve springiness, range of motion, minimize pain and soreness.

FEATURES AND SPECIFICATIONS

Molded polyethylene foam technology. Smooth and semi-firm surface that will not lose its shape after multiple uses.

33
cm

SKU: EVRL9W330 **COLOR:** Black / Red



FOAM ROLLER

Excellent for soothing muscle pains, balance exercises, and strength conditioning. Use your own body weight to help increase blood flow and circulation to the soft tissues. Improve springiness, range of motion, minimize pain and soreness.

FEATURES AND SPECIFICATIONS

Molded polyethylene foam technology. Smooth and semi-firm surface that will not lose its shape after multiple uses.

SKU: EVFR4I036 36" **COLOR:** Black

SKU: EVFR4I024 24" **COLOR:** Black

SKU: EVFR4I012 12" **COLOR:** Black



HAND GRIPS



ADJUSTABLE HAND GRIP

Improve strength and dexterity of your hands, forearms, fingers and wrists with the patented Everlast Adjustable Hand Grip. Ergonomic silicone covered grip handle prevent slippage while high grade plastic shell provides unmatched durability. Easily toggle between two tension ranges with adjustable tension dial. Take one of your workouts on the go with the Everlast Adjustable Hand Grip.

20-30lbs
LOW TENSION

SKU: P00002727 **COLOR:** Red / Black

- Two tension ranges
- Silicone ergonomic grip handles
- Easy tension dial
- High grade plastic shell



ADJUSTABLE HAND GRIP

Improve strength and dexterity of your hands, forearms, fingers and wrists with the patented Everlast Adjustable Hand Grip. Ergonomic silicone covered grip handle prevent slippage while high grade plastic shell provides unmatched durability. Easily toggle between two tension ranges with adjustable tension dial. Take one of your workouts on the go with the Everlast Adjustable Hand Grip.

50-60lbs
HIGH TENSION

SKU: P00002728 **COLOR:** Black



HAND GRIP DELUXE

INCREASED GRIP ENDURANCE: Increasing strength in your hands, fingers, wrists and lower arms will increase endurance, allowing you to perform more repetitions and reach new heights at the gym. It will also enhance your ability to handle weights without the grip giving out.

NON-SLIP HAND GRIP: The handles on each side of our hand grip exerciser boast slip-resistant surfaces to ensure you can easily grip and hold with each squeeze.

1
PIECE

SKU: EVHG9W300 **COLOR:** Black

HAND GRIPS



HAND GRIP

INCREASED GRIP ENDURANCE: Increasing strength in your hands, fingers, wrists and lower arms.

NON-SLIP HAND GRIP: Ergonomic Design with soft Foam Handle fits all hand size for men and women, and providing a maximum comfort grip and anti-slipping.

**20
KG**

SKU: EVHGOW020 **COLOR:** Black



15KG



25KG

SILICONE HAND GRIP

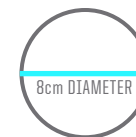
Designed to fortify wrists, fingers and forearms.

Build a more powerful hand grip.

Ideal for strengthening after injury or surgery.

Comfortable, lightweight and compact.

Relieve stress.



SKU: EVSG5S15 **COLOR:** Blue 15kg

SKU: EVSG5S25 **COLOR:** Grey 25kg

HAND GRIP BALL

Provides resistance exercise for hands, wrist, fingers and forearms helps rehabilitation And improves mobility, reduces stress.

Prevents stiffness.

Increases flexibility.

Relieves joint pain.

Reduces stress and eases muscle tension.



SKU: EVGR6R303 **COLOR:** Blue

JUMP ROPES



DELUXE SPEED ROPE

Ball Style socket joint for smooth consistent rotation.
Adjustable 11' rope for personal customization.
Grip panels for added grip and control during use.

NEW

11'
FEET

SKU: P00002709 COLOR: Red / Black



DELUXE SPEED ROPE

ADJUSTABLE ROPE UP TO 11 FT (3.35m)
Suitable for everyone - best jump rope for any workout,
mastering double unders, exercise and fitness, mma
training, boxing, bodybuilding, personal training, home
and outdoor workouts.

11'
FEET

SKU: EVSJ6S356 COLOR: Black / Lime



ADJUSTABLE WEIGHTED JUMP ROPE

Adjustable 240 gram weight 6 40 G weights.
Weight pocket with spring loaded to keep weights in place.
Rubber grips for better control during training.
The vinyl cord is easily adjustable in length, allowing the athlete to find the optimal length for their height.

NEW

11'
FEET

SKU: P00002708 COLOR: Black / Red





WEIGHTED JUMP ROPE

Weighted rope.

Rubber inserts on the handle, vinyl cord that is easily adjustable in length, allowing the athlete to choose the optimal length for the best workout.

In addition to adjusting the length, the rope can be adjusted by weight, there is a cartridge weighing 130 grams in the handles, the total weight of the rope is 410 grams.

NEW

11'
FEET

SKU: P00002707 **COLOR:** Red / Black



EVERGRIP™ WEIGHTED JUMP ROPE

ENGINEERED FOR: SPEED, ENDURANCE, AGILITY, COORDINATION, TOTAL BODY CONDITIONING

Adjustable length, 9 ft. plastic speed rope.

Evergrip™ Handles provide added grip while training.

Removable weights to challenge your cardio and upper body training.

1.5 Lbs. Maximum Removable Weights Precision Ball Bearing Rotation For Increased Speed.

EVERGRIP™

SKU: 4485 **COLOR:** Black



WEIGHTED JUMP ROPE

Best aerobic exercises for burning calories, slimming down, improving flexibility, developing core strength and good heart condition.

Hold comfortably. Ergonomically designed weighted memory foam handles offer extra comfort while also preventing palm sweat and providing a firm grip.

Weights in jump rope handles are removable. Perfect for fitness workouts, cardio training, jumping exercise, cross fit, skipping, speed training, calves, thigh and forearm strengthening, leg training and endurance training.

9'
FEET

SKU: EVJROW38W **COLOR:** Black



FITNESS JUMP ROPE

ADJUSTABLE ROPE UP TO 9 FEET LONG (2.74m)
This rope is the ideal choice for a custom workout
Improve cardio endurance, develop your muscles
And tone your entire body.

9'
FEET

SKU: EVJR1Y526 **COLOR:** Black / Red
SKU: EVJR1Y526 **COLOR:** Black / Grey



ERGONOMIC JUMP ROPE

Comfortable, durable and fast
Exercise in comfort - our lightweight design and comfort
Handles reduce strain on your hands, allowing you to burn
calories and get in a great workout skipping or jumping
without unnecessary discomfort

SKU: EV3JTP01 **COLOR:** Yellow
SKU: EV3JTP01 **COLOR:** Black
SKU: EV3JTP01 **COLOR:** Pink



LEATHER JUMP ROPE

High durability and speed
High quality precision ball bearings
Comfortable and smooth handling

9'
FEET

SKU: EVLR8800 **COLOR:** Leather

JUMP ROPES



JUMP ROPE

Ajustable, durable and fast
ENGINEERED FOR: Speed, endurance, agility, coordination, and total body conditioning. Improve cardio endurance, develop your muscles and tone your entire body

9'
FEET

- SKU: EVJR7Y15-1 **COLOR:** Transparent
- SKU: EVJR7Y15-2 **COLOR:** Blue
- SKU: EVJR7Y15-3 **COLOR:** Orange
- SKU: EVJR7Y15-4 **COLOR:** Fucsia
- SKU: EVJR7Y15-5 **COLOR:** Green



JUMP ROPE

Improve your balance, coordination, flexibility, and endurance
Helps develop core strength.
Exercise several muscle groups at once.

9'
FEET

- SKU: EVXR800-BK **COLOR:** Black
- SKU: EVXR800-BL **COLOR:** Blue
- SKU: EVXR800-PK **COLOR:** Pink



JUMP ROPE

High durability and speed.
High quality precision ball bearings.
Comfortable, durable and fast.
Exercise in comfort - our lightweight design and comfort foam.
Handles reduce strain on your hands, allowing you to burn calories and get in a great workout.
skipping or jumping without unnecessary discomfort.

9'
FEET

- SKU: EVJR1Y666 **COLOR:** Red / Green / Yellow / Blue



HOME TRAINING BAR

PERFECT FOR BEGINNERS & ADVANCED

Three grip positions, narrow, wide, and neutral Turns any doorway into a personal gym, Installs in seconds ideal for pull-ups, push-ups, chin-ups, dips, crunches, and more Uses leverage to hold against the doorway so there are no screws and no damage to door.

SKU: EVDB059 COLOR: Black



ADJUSTABLE POWER BRACKETS

PERFECT FOR BEGINNERS & ADVANCED

Improve strength and cardio, for all skill levels, secure grip.

Material ensures a secure grip during use.

Perfect fitness tool used to improve strength and cardio fitness.

Easily adjustable iron bracket can be modified according to exercise and skill level from 22" to 30"

Specially designed to be used as hurdles or for dips, pushups, inverted rows and more.

SKU: EVPB5S65 COLOR: Black / Lime

EVERGRIP

MULTIPLE WAYS TO TRAIN



PUSHUPS

DIPS

INVERTED ROWS





WALL MOUNTED DIP

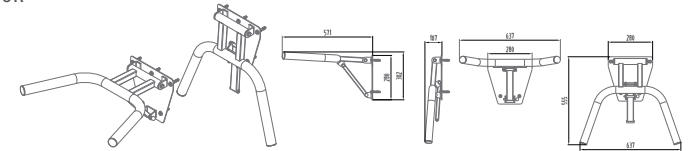
(56.5cm x 64cm x 30cm)

Expand your weight room by using the everlast all mounted dip station.

Increase the strength of your chest, shoulders And triceps.

Once your workout is complete, Return the mount to its space saving position.

SKU: EVWD5R120 **COLOR:** Black



CHIN UP BAR

Easy assembly & installation

Holds up to 140kgs

Made from high quality steel

Mounts on to any solid wall

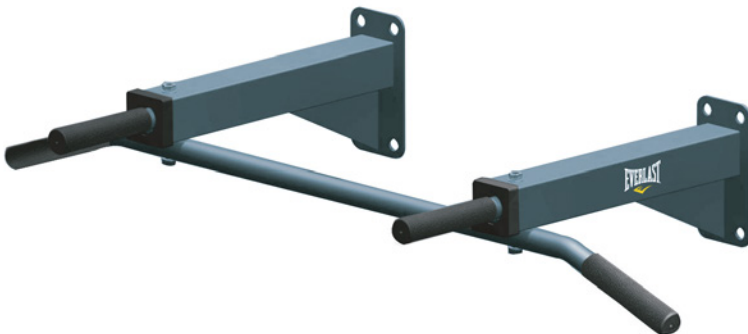
Offers a variety of grip positions & exercises

HOLDS UP TO

140
kgs

Structure 131cm X 58cm X 60cm

SKU: EVCH4R207 **COLOR:** Black



CHIN UP BAR

Easy assembly & installation

Made from high quality steel

Mounts on to any solid wall

Offers a variety of grip positions & exercises

ENGINEERED FOR:

TOTAL BODY CONDITIONING

STRENGTH TRAINING

INTENSE CARDIOVASCULAR WORKOUTS

HOLDS UP TO

140
kgs

Structure 100cm x 18cm

SKU: EVCH9W450 **COLOR:** Grey / Black



AB SLING

THE AB SLING HANGING STRAPS ARE ATTACHMENTS FOR PULL-UP BARS THAT TARGET ABDOMINAL AND LOWER BACK MUSCLES. THESE 2 AB STRAPS HAVE AN LOOP SUPPORT THAT DISPERSES ANY PRESSURE FROM YOUR ARMS WHILE YOU HANG IN PLACE.

CORE MUSCLE TRAINING: The Ab Sling is the perfect hanging-strap equipment to use to strengthen and tone your core. Rest your arms into the arm slings and perform knee tucks, crunches, full L-sits, or any other core exercises.

Extra foam cushioning for added comfort.

For all fitness levels.

SKU: EVAS3R150 **COLOR:** Black

A person is shown from the waist down, performing a dip exercise on a parallel bar. They are wearing grey shorts, blue sneakers, and black socks with the word 'EVERLAST' printed on them. A black weighted belt is worn around their waist, with a chain attached to the bottom that hangs down to a black weight plate. The weight plate has 'EVERLAST' and '45 LB' printed in blue. The background is a plain, light-colored wall.

WEIGHTED DIP BELT HELPS BUILD POWER AND STRENGTH IN TRICEPS AND CHEST

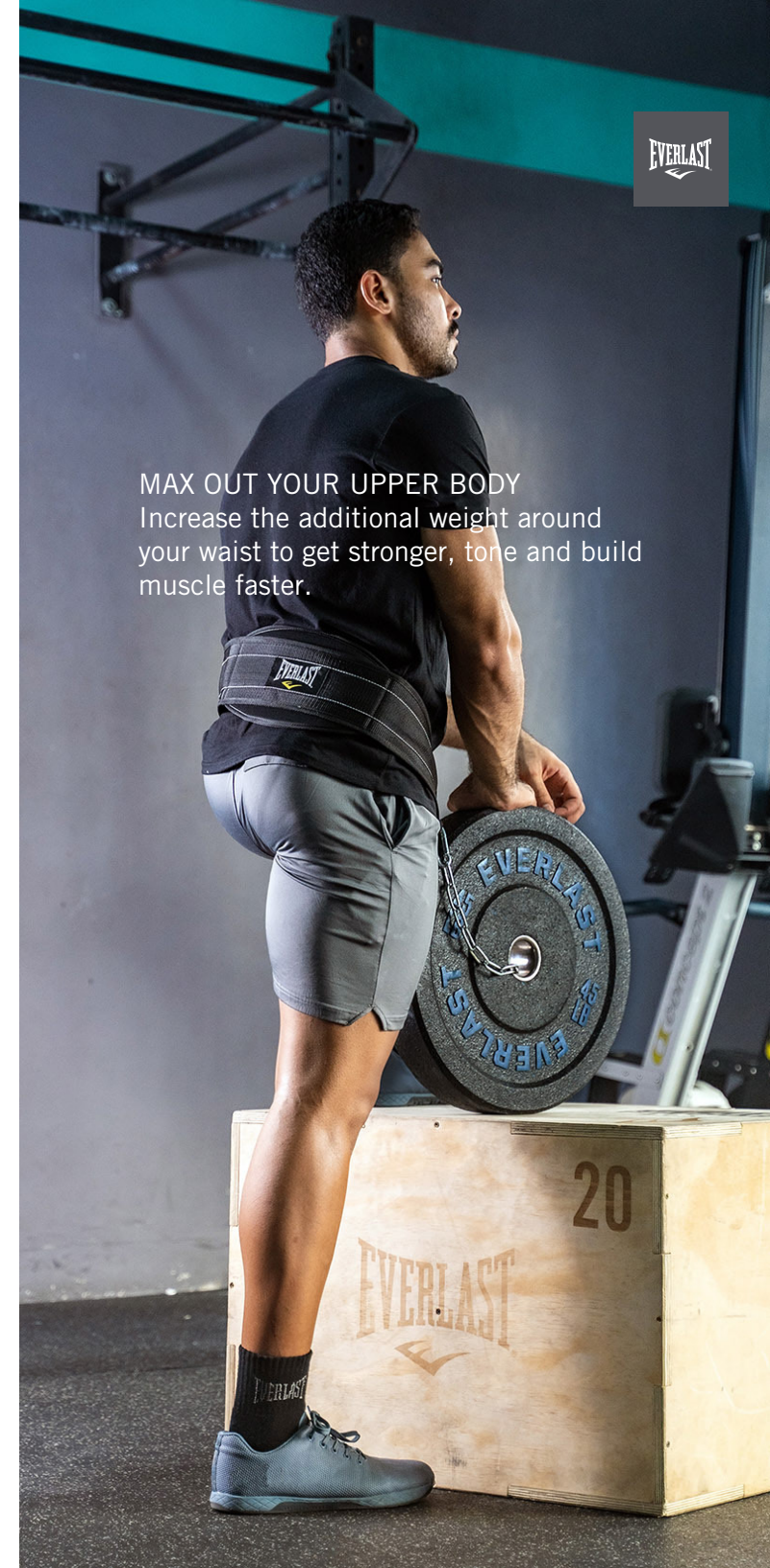
ENGINEERED FOR:
INCREASE STRENGTH AND MUSCLE GAINS



DIP BELT

Dip belt constructed of durable polypropylene with heavy duty steel grommets to secure chain to belt.
Contoured belt design provides back support and fits comfortably during training.
Steel chain and carabiner mechanism to easily add weight.
Weighted dip belt helps build power and strength in triceps and chest.
Adjustable, one size fits all.

SKU: EVDP2W200 **COLOR:** Black



MAX OUT YOUR UPPER BODY
Increase the additional weight around your waist to get stronger, tone and build muscle faster.



SUSPENSION SYSTEM DELUXE

LETS YOU USE YOUR BODYWEIGHT WITH THE NATURAL FORCE OF GRAVITY.

Total-body workout system you can set up in less than 60 seconds at home or anywhere you go. Get stronger, build muscle, lose weight and improve flexibility fast no weights required.

Work out total body, burn fat and tone all lean muscles this trainer is a complete bodyweight gym that supports highly metabolic compound exercises and assisted exercise variations for full workouts for every skill level.

Increase muscle endurance & sport performance infinitely variable resistance. Full body resistance trainers feature indexed straps and quick adjust buckles so you can tailor resistance for each exercise.

SKU: EVST9W008 **COLOR:** Black / Red



ANTI-SLIP
FOAM RUBBER HANDLE



HEAVY DUTY
ZINE-ALLOY CARABINER



ADJUSTABLE
EASY TO SET BUCKLE



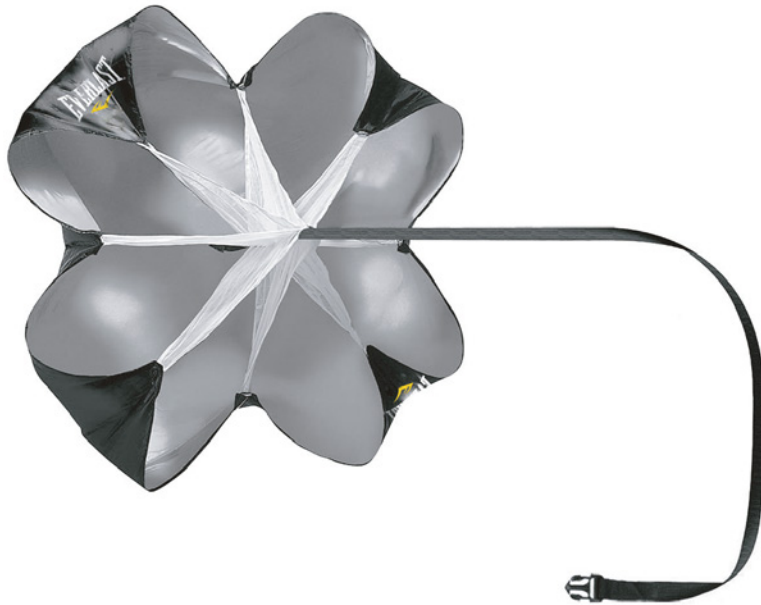
SUPER STURDY
DOOR ANCHOR

PACKAGE INCLUDED:
TWO BODYWEIGHT RESISTANCE STRAPS
ONE EXTENSION STRAP
ONE CARRY POUCH
ONE USER MANUAL
ONE DOOR ANCHOR

FIELD TRAINING



NEW



POWER CHUTE

IMPROVES SPEED AND ACCELERATION:

This running parachute is designed to produce 15-30 pounds of resistance during sprinting to simultaneously perform speed and strength training. It effectively promotes explosiveness and stamina that is vital in field and track sports.

SKU: EVPC9W292 COLOR: Black



55"
DIAMETER
APPROXIMATELY 15-30 LBS. OF RESISTANCE
PACKING CONTENT
ONE 55 INCHES UMBRELLA
ONE WAIST BELT RESISTANCE PARACHUTE
ONE CARRYING BAG

ADJUSTABLE BELT: 2-inch heavy-duty belt is fully adjustable and will comfortably fit almost any athlete.

The 360-degree rotation belt allows you to train in any direction. When positioned on the right or left hip, it allows you to get off the line laterally.



RECOIL 360°

Develops proper acceleration mechanics while challenging your postural strength and stability during partner harness runs.

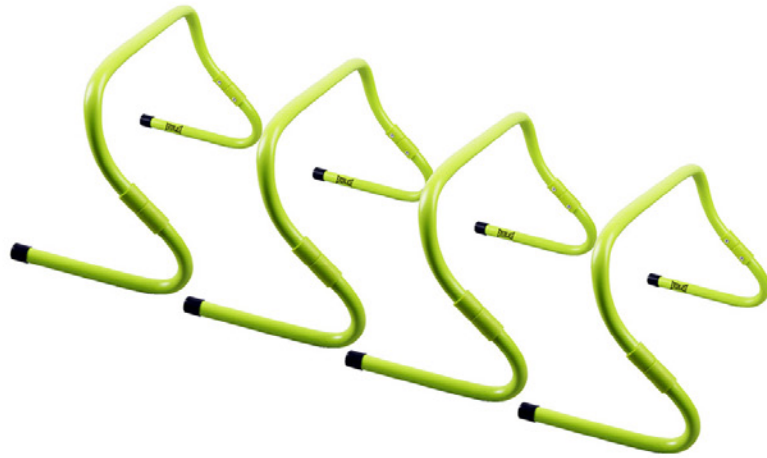
360° rotation belt with free motion ring allows for movement in any direction. Trains all sport movements while switching between resistance and assistance. Designed for solo use or for training with a partner.

CABLE STRETCHES

from 8 to 22 feet with resistance that increases from 15 to 50 lb. Unique flexi-cord design stretches against your movement to build strength or pulls you along to increase speed and improve your body's efficiency during direction changes.

SKU: EVRC1W360 COLOR: Black

360°
DEGREES OF MOVEMENT



ADJUSTABLE HURDLES

ADJUSTABLE-HEIGHT OPTIONS OF 8" AND 12"
FOR MULTIPLE TRAINING CONFIGURATIONS
INDOORS OR OUTDOORS

Adjustable height for a varied challenge.
No assembly necessary.
Offers multiple workout configurations.
Suitable for speed and accuracy training.
Lightweight design for easy storage.

INCLUDES
4
HURDLES

SKU: EVAH9W040 COLOR: Green



AGILITY LADDER

16 FEET IN LENGTH WITH 10 ADJUSTABLE FLAT RUNGS

Find the perfect rhythm in your training with this performance focused product. Improve your acceleration, lateral speed and change of direction while enhancing balance, Rhythm and body control. These core skills are critical to any athlete that wants to perform At a faster level than the competition in any sport.

Develop explosive power, speed and better footwork.
This flat rung ladder improves technique and responsiveness.
The quick ladder caters to all sports as it increases efficiency for all athletes.

SKU: EVAL9W510 COLOR: Green / Black

5m
16 FEET
FLAT-RUNG AGILITY LADDER



CARRY STORAGE BAG
INCLUDED

AB MATS



AB MAT TRAINER

EVERLAST AB MAT TRAINER PROVIDES:

Offers low-back comfort and support during ab exercises. The contoured shape promotes safe lumbar extension, placing the abdominal muscles on a pre-stretch position resulting in a maximal abdominal activation. It is the perfect complement to a mat routine, elevating the body off the floor during crunches, curls, Sit-ups, side bends and back extensions.

SKU: EVAB9W100 **COLOR:** Black

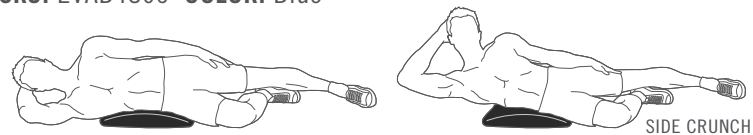


AB MAT PRO ABDOMINAL TRAINER

THE EVERLAST AB MAT PROVIDES:

The full range of motion necessary to work the entire Abdominal muscle group. A variety of exercises that isolate upper and/or lower abs, as well as the obliques and lower back muscles. A safe, comfortable design contoured to your lower back Which helps to prevent injury and supports your spine.

SKU: EVAB4S06 **COLOR:** Blue



SIDE CRUNCH



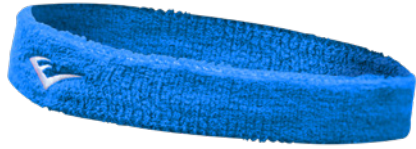
THE FULL RANGE OF MOTION NECESSARY TO WORK THE ENTIRE
ABDOMINAL MUSCLE GROUP.

FITNESS ACCESSORIES

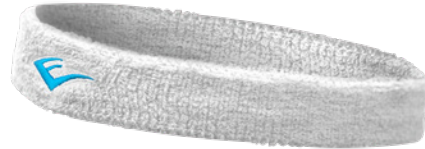


Perfect For Any Sport
Lightweight Headband That Keeps Your Sweat And Hair Off Your Eyes
Breathable Fabric To Keep Your Head Feeling Cool And Dry
Absorbs Moisture Allowing You To Focus On What You're Doing
Embroidered Logo

1.5" HEADBAND



SKU: EVHB6C353
COLOR: Royal Blue



SKU: EVHB6C354
COLOR: White



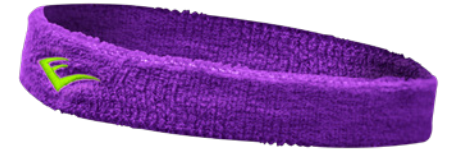
SKU: EVHB6C351
COLOR: Black



SKU: EVHB6C352
COLOR: Navy



SKU: EVHB6C355
COLOR: Pink



SKU: EVHB6C356
COLOR: Purple

2" HEADBAND



SKU: EVHB6C501
COLOR: Black



SKU: EVHB6C502
COLOR: Navy



SKU: EVHB6C503
COLOR: White

2" WRISTBAND



SKU: EVWR6C204
COLOR: White



SKU: EVWR6C201
COLOR: Black



SKU: EVWR6C202
COLOR: Navy



SKU: EVWR6C203
COLOR: Royal Blue



SKU: EVWR6C205
COLOR: Pink



SKU: EVWR6C206
COLOR: Purple



+50 UV PROTECTION ARM SLEEVES

ADULTS, UNISEX / UNIVERSAL SIZE
Uv Protection 50+
Breathable Fabric With Moisture Control
Maximum Stretch For Snug Fit
Gripper Elastic Keeps The Sleeves In Place

S M L XL

SKU: EV1UVS201 COLOR: Black
SKU: EV1UVS235 COLOR: Grey



CALF COMPRESSION SLEEVES

CALF SUPPORT-SHIN SPLINT RELIEF DECREASED FATIGUE-INCREASED CIRCULATION
ADULTS, UNISEX / UNIVERSAL SIZE

Improved circulation and faster muscle recovery:
The compression in each pair of leg sleeves helps to improve venous return, increasing blood flow and circulation.
This leads to faster muscle recovery time, as muscles receive more of the oxygenated blood they need to recover.
It is also good for traveling, as it helps to reduce leg swelling.

SKU: EVCL6F001 COLOR:Black

ONE
PAIR
ONE
SIZE



MICROFIBER GYM TOWEL

IDEAL FOR GYM WORKOUT, SWIMMING AND TRAVEL.

Super absorbent

Antibacterial - keep your towel fresh and away from mildew & germ.

Ultra compact & light weight - easy to carry.

They can do their job well as travel towels or sports towels.

Also they are ideal for beach, travel, camping, swimming, backpacking, gym.

FEATURING
EVERDRI™
TECHNOLOGY

SKU: EVMT7L112 **COLOR:** Grey

SKU: EVMT7L113 **COLOR:** White

SKU: EVMT7L114 **COLOR:** Navy

ANTI-BACTERIAL
80 X 40cm



MICROFIBER TOWELS

SUITABLE FOR USE AT: GYM OR FITNESS CLUB, SAUNA OR SPA,
HOME, HOTEL OR TRAVELLING AND EVERY OUTDOOR ACTIVITY

Microfiber towels, ultra absorbent fabric Quick drying, soaps up water like sponge,
then wrings out water almost completely dry.

Re-usable mesh pouch ideal for everyday work out.

Super light weight and packable.

ANTI-BACTERIAL
40 x 80cm

SKU: EVCT7S171-GY **COLOR:** Dark Grey

SKU: EVCT7S171-BL **COLOR:** Blue

SKU: EVCT7S171-PK **COLOR:** Pink

FEATURING
EVERFRESH™
TECHNOLOGY

YOGA ACCESORIES



SKIDLESS MAT TOWEL

YOGA TOWEL IS THE PERFECT SIZE FOR ANY YOGA MAT

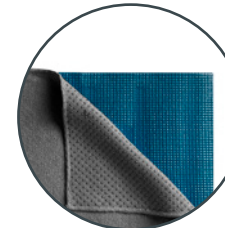
Non Slip-During the exercise no matter how much you move or sweat since there are anti-slip silicon nubs in the back of the yoga towel to grip your mat and keep you in place.

Good absorption of sweat during yoga practice.
Ideal for hot yoga or any super sweaty practice.

The textured non-slip surface provides a firm grip for your hands and feet.

61cm x 183cm / 72" X 24"

SKU: EYVTOW155 COLOR: Grey



61CM x 183CM
72" x 24"

NON SLIP YOGA TOWEL
FITS ANY YOGA OR
STUDIO MAT.



SKIDLESS MAT TOWEL

YOGA TOWEL IS THE PERFECT SIZE FOR ANY YOGA MAT

Super-absorbent microfiber towel and anti-slip mat in one measures.
Unrivalled grip for yoga and pilates workouts.
Mid-stretch nubs grip the mat or carpetsuper absorbent and hygienic
machine-washable and dryer-safe.



NON SLIP YOGA TOWEL
FITS ANY YOGA OR
STUDIO MAT.

61cm x 183cm / 72" X 24"

SKU: EYVTD160-BL COLOR: Tie Dye Blue



GRIPPY YOGA TOWEL

The perfect complement to any yoga practice, this extra abosbent towel is ideal for all yoga activities.

The non-slip backing keeps your towel in place, while the microfiber top side absorbs quickly and dries in half the time of ordinary towels.

Sized to fit directly on top of your yoga mat.

172 x 61cm / 68" X 24"

SKU: EYVT420 COLOR: Grey / Lime





5mm PREMIUM YOGA MAT

NATURAL RUBBER BASE ALLOWS THE MAT TO STICK WELL ON THE FLOOR BY GIVING CONFIDENCE TO PERFORM DIFFICULT ASANAS DURING YOGA PRACTICE. PU TOP LAYER OFFERS AN EXCELLENT GRIP AND PLEASANT FEEL.

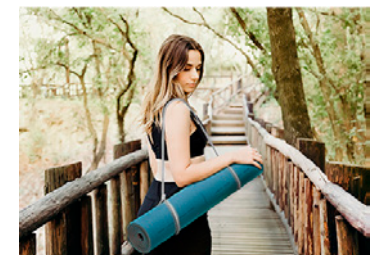
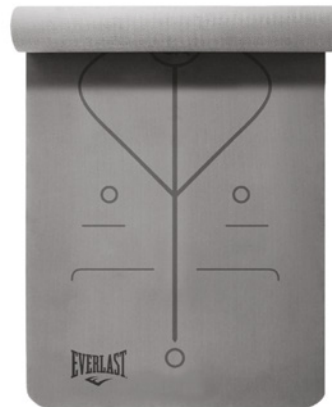
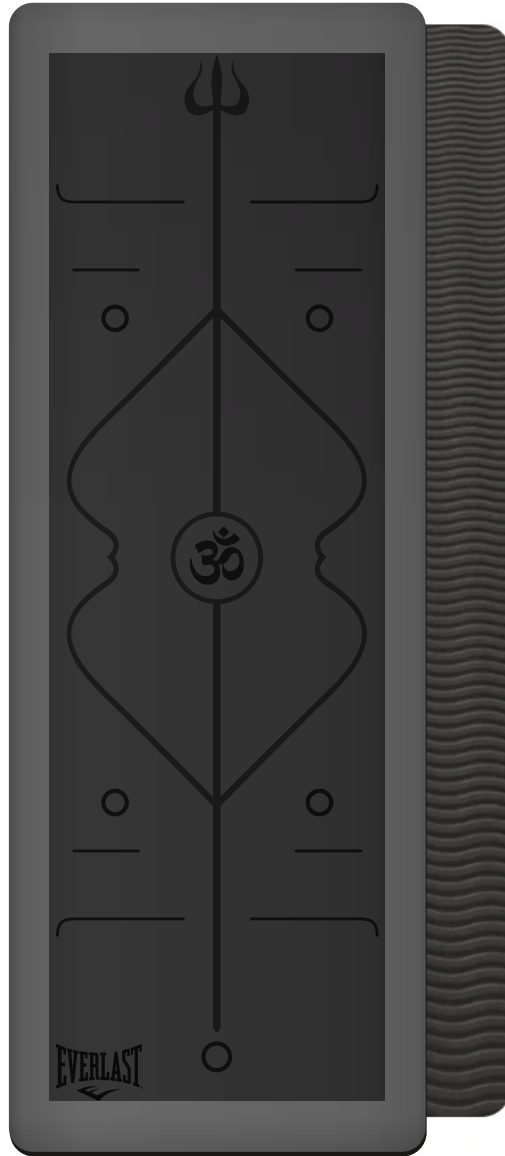
Body alignment lines help you to focus and adjust your hands and feet to the accurate position while doing. Yoga exercises.

Durable, strong and easy to clean.
Superior water imbibition properties.
Covenient carrying string included.

183cm x 68cm x 5mm

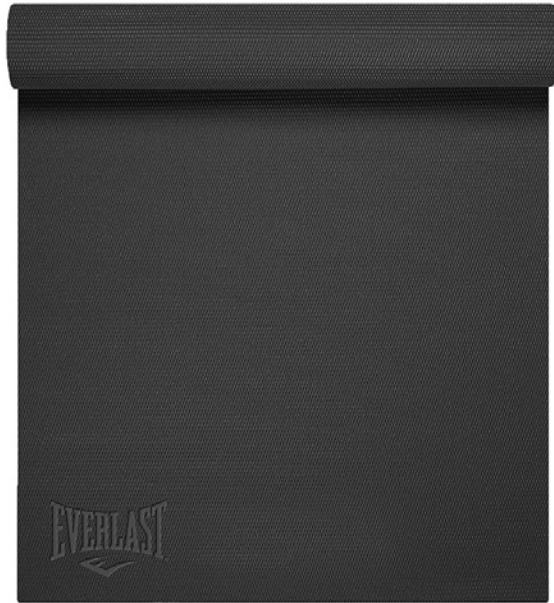
SKU: EVRMOW501 **COLOR:** Black
SKU: EVRMOW502 **COLOR:** Grey
SKU: EVRMOW503 **COLOR:** Blue

SKU: EVRMOW504 **COLOR:** Green
SKU: EVRMOW505 **COLOR:** Purple
SKU: EVRMOW506 **COLOR:** Pink



CARRY STRAP INCLUDED

YOGA MATS



6mm YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

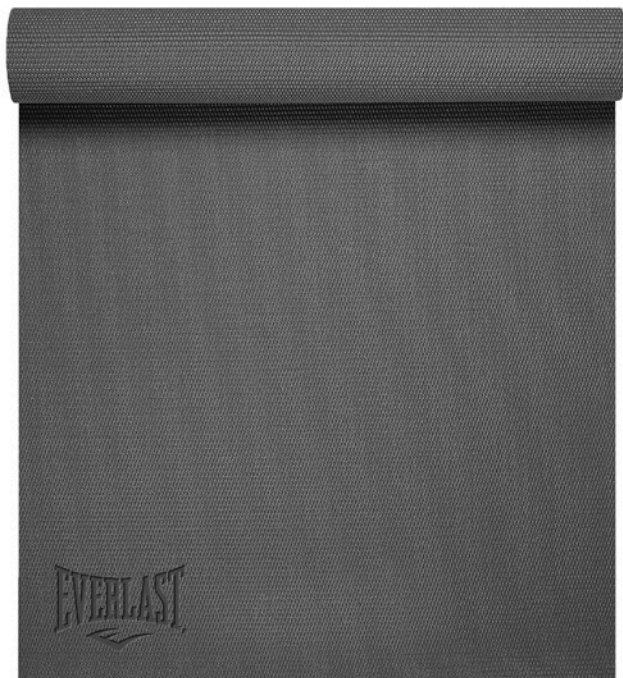
Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 6mm

- SKU: EYVM661 COLOR: Black
- SKU: EYVM662 COLOR: Dark Grey
- SKU: EYVM663 COLOR: Blue
- SKU: EYVM664 COLOR: Pink
- SKU: EYVM666 COLOR: Rubine Red
- SKU: EYVM668 COLOR: Purple





3mm YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 3mm

-
- | | | |
|--------------|-----------------|---|
| SKU: EYVM020 | COLOR: Black |  |
| SKU: EYVM021 | COLOR: Charcoal |  |
| SKU: EYVM022 | COLOR: Navy |  |
| SKU: EYVM023 | COLOR: Blue |  |
| SKU: EYVM025 | COLOR: Pink |  |
| SKU: EYVM028 | COLOR: Fuchsia |  |
| SKU: EYVM029 | COLOR: Purple |  |





15mm NBR EXERCISE MAT DOUBLE CUSHION

The yoga pilates exercise nbr mat is an excellent mat.

For people on the move, or for studios tight.

On storage space.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water.

68 x 173cm x 15mm

SKU: EVEM111 COLOR: Blue

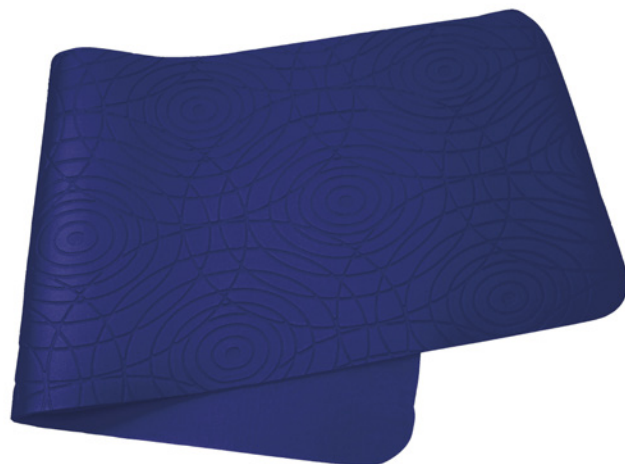
SKU: EVEM112 COLOR: Charcoal

SKU: EVEM113 COLOR: Black

EXERCISE MATS



EASY TO CARRY ON



EASY TO CARRY

10mm SUPER GRIP FITNESS MAT DOUBLE CUSHION

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

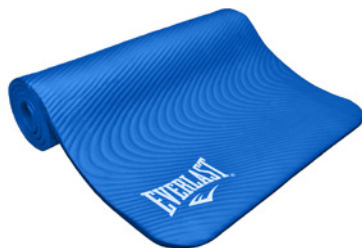
EMBOSSED SWIRL

58cm x 165cm x 10mm
NON SLIP TEXTURIZED SURFACE

SKU: EVEM1S3-PK COLOR: Pink

SKU: EVEM1S3-BL COLOR: Blue

EXERCISE MATS



10mm HIGH DENSITY NBR EXERCISE MAT

71" long 24" wide ensures comfort.
1/2" thick high-density foam protects wrists, knees, elbows, head, neck and ankles effectively.
Textured surface stabilizes your body and keeps you from slipping.
Sweat resistant feature makes it easy to clean.
Eco- friendly NBR material is non-toxic and odorless, and it's durable for long lasting use.
Portable and lightweight.
Carrying strap is included for easy transport and storage.
Perfect for all types of yoga, pilates and other floor exercises.

61cm x 172cm x 10mm

SKU: EVEM010 **COLOR:** Black
SKU: EVEM014 **COLOR:** Blue
SKU: EVEM016 **COLOR:** Purple



MAT CARRYING STRAP

Adjustable loops for comfortable
Carrying of your mat.
Compact storage.
Lightweight and durable.
Fits most standard mats.



YOGA MAT IS NOT INCLUDED WITH THE SALE OF THIS PRODUCT

SKU: EVYCOW880 **COLOR:** Grey

ELITE WORKOUT MAT WITH EYELETS

Durable 6mm thick foam mat.Great for any floor exercise.

Lightweight and easy to roll up.2 eyelets design allows easy storage.

Easy to clean with a damp cloth.

It can hold exercise equipment on its surface protecting floors from scratches.

177cm x 65cm x 6mm

SKU: EVGM7L200 **COLOR:** Black





by Valeria





PREMIUM YOGA BLOCK

YOGA BLOCKS PROVIDE the stability and balance needed in your practice to help with optimal alignment, deeper poses and increased strength.

Hygienic moisture proof material

Made with a recycled EVA inner core

Maintains form through repeated use

Textured outer surface exerts variable pressure on your muscles.

SKU: EVYBP1W01 **COLOR:** Black

SKU: EVYBP1W07 **COLOR:** Lilac



YOGA EVA BLOCKS

MADE OF LIGHTWEIGHT FOAM

Use at three different heights for support.

Rounded edges for comfort yoga blocks are firm, strong and comfortable.

They have beveled edges, so they can be packed and stored easily.

Yoga blocks align the body and help support the weight so various poses can be performed.

SKU: EVYBK596-PR **COLOR:** Purple

SKU: EVYBK596-OR **COLOR:** Orange

SKU: EVYBK596-BL **COLOR:** Blue

SKU: EVYBK596-GY **COLOR:** Grey

SKU: EVYBK596-LM **COLOR:** Lime

SKU: EVYBK596-BK **COLOR:** Black

SKU: EVYBK596-RD **COLOR:** Pink

SKU: EVYBK596-LI **COLOR:** Lilac



PREMIUM YOGA STRAP

An essential yoga accessory and prop to help you deepen stretches and improve flexibility while allowing your shoulders to relax for proper alignment. If you feel tight, grab a strap and don't risk injury by over-extending.

ADJUSTABLE METAL D-RING BUCKLE: Features an easy release double ring metal cinch buckle that allows you to shorten the strap, make a secure loop band that will not budge so that you can concentrate on your stretching without slipping.

SKU: EVCS3W680 **COLOR:** Grey



PILATES ACCESORIES



**ENGINEERED FOR:
WORK THE CORE
ABDOMINALS,
IMPROVE
FLXIBILITY,
SCULPT A STRONG,
STREAMLINE PHYSIQUE**



PILATES RESISTANCE BANDS




The RESISTANCE BAND, also known as the FLEX-BAND, is a stretchy strip of latex that can add an element of light resistance to a pilates workout.

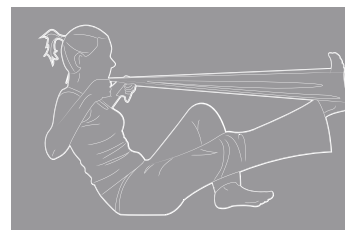
This tool is used in other fitness disciplines and rehabilitation techniques, but lends itself particularly well to pilates as it helps to:

- Target the upper and lower body.
- Work the core abdominals.
- Improve flexibility.
- Enhance joint mobility.
- Focus the mind and body.
- Sculpt a strong, streamlined physique.

3 BANDS SET
120cm x 15cm

SKU: EVLX5S83 **COLOR:** Black / Grey / Yellow

-  HIGH RESISTANCE
-  MEDIUM RESISTANCE
-  LOW RESISTANCE



PILATES ACCESORIES



PILATES RING

Suitable for yoga and pilates exercises, can be used to burn belly fat and upper arms, internal and external thighs, abdominal muscles and pelvic muscles.

Tone and build muscle. Get a full body workout that delivers results and elevates your fitness routine whether you are in a pilates class or your living room.

A fitness ring for training and physiotherapy in the home, gym, office and travel.

38
cm
DIAMETER

SKU: EVPR9W380 **COLOR:** Grey



GYM WAIST BAG

Your running and workout essentials are close at hand and easy to access with this convenient unisex gym waist bag. A strong rear back clip fastens the stretch band securely around your hips to reduce bounce and distractions. Stash your phone, energy supplements and keys in the expandable pocket with easy open, zipper at the top.

In the back of the waist bag you can take out the cord of your earbuds from an rubber exit.

Adjust the belt to your perfect size.

This waist belt can be worn over or under your running tops, won't add bulk and is an essential for all gym workouts, also when going out, distance road and trail runners.

29.5cm x 6cm

SKU: EVWB0W801 **COLOR:** Black

Back detail



RUNNING BELT

Your running and workout essentials are close at hand and easy to access with this convenient unisex gym waist bag. A strong rear back clip fastens the stretch band securely around your hips to reduce bounce and distractions. Stash your phone, energy supplements and keys in the expandable pocket with easy open, zipper at the top.

Adjust the belt to your perfect size.

This waist belt can be worn over or under your running tops, won't add bulk and is an essential for all gym workouts, also when going out, distance road and trail runners.

33cm X 12cm

SKU: EVWB9X081 **COLOR:** Black

SKU: EVWB9X082 **COLOR:** Blue

EVERLAST

The logo features a stylized, white, wing-like graphic element positioned below the word "EVERLAST".

**DESIGNED TO
BRING OUT THE
FIGHTING SPIRIT
IN EVERYONE.**



FITNESS ACCESSORIES

www.everlastlatam.com



everlastlatino



@everlastlatam

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